Whether you are looking to develop your confidence, health and wellbeing, find a new hobby or access additional support then this event is for you

## Promoting Health and Wellbeing in West Somerset

Free and open to all

Wednesday 24th October 10am - 12.30pm

at Minehead Job Centre, 17 The Avenue, Minehead TA24 5XZ



For more information contact
Minehead Job Centre
Tol. 04642 425 922 / 425 922

Tel: 01643 435 822 / 435 832

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