

FREE Community Connector Signposting Workshops

What is a Community Connector?

Community Connectors are citizens who provide an important link between their friends, family, neighbours and colleagues, and the support available to them in their community. They help people access support, advice and activities that could improve their health, wellbeing, and quality of life.

How do I become a Community Connector?

Come to one of our free signposting workshops! You'll find out how you can help your friends, neighbours, family, and colleagues to access information on a range of subjects, including:

**Physical & mental health support • Housing & debt advice • Befriending
Meeting new people • Getting active • Community transport • Older
people's services • Support for families & young people • Plus a whole
host of other groups & meet-ups!**

Who can be a Community Connector?

Anybody who would like to find out about the range of support available in their community, and is happy to share! This is an informal role :-)

Our next FREE signposting workshop is:

**Wednesday 30th January, The Minster Rooms, Court Barton,
Ilminster TA19 0DU, from 1.30pm-3.30pm**

Booking essential! www.sparksomerset.org.uk/news-events
or email Vicky Sullivan at vicky.sullivan@sparksomerset.org.uk
or phone 01935 475914 to book or FFI :-)